CLAIMS:

1. An adhesive fastening assembly for mounting papers on a panel, comprising:

a) plurality of superposed and aligned relatively small, paper thin, flexible adhesive fastening pieces for a paper mounting panel, which are held together along their common longitudinally extending top section;

b) a supporting element connected to at least the lowermost adhesive fastening piece along its top section and also being adapted to engage the file paper mounting panel to thereby support the adhesive fasteners in a flap-like manner;

c) each adhesive fastening piece having contact adhesive for adhering to a file paper which is substantially spaced from the adhesive fastening piece top section to define an intermediate bendable section between them; and

d) a non-stick release surface on the surface of each adhesive fastening piece opposite from and in alignment with the contact adhesive, and which will contact and cover, but not adhere to, the contact adhesive on the adjacent adhesive fastener, whereby the contact adhesive will readily separate from the release surface to immediately expose the contact adhesive when adjacent adhesive fasteners are separated from each other.

2. The adhesive fastening assembly as set forth in claim 1, wherein:

a) the adhesive fastener has a finger engageable section adjacent to the contact adhesive to permit the user to more readily separate the fasteners from each other, and to allow insertion of a paper, and its subsequent engagement of the paper with the contact adhesive.

3. The adhesive fastening assembly as set forth in claim 1, wherein:

a) the contact adhesive has an adhesive tack which normally adheres to the file paper to which it is attached to preclude disengagement during file use, but will readily disengage when a small upward force away from the surface of the file paper is applied to the adhesive fastener piece.

4. The adhesive fastening assembly as set forth in claim 3, wherein:

a) the supporting element is a label having a high tack permanent adhesive surface for engaging the mounting panel; and

b) a removable non-stick release paper covering piece, covering the permanent adhesive of the label.

5. The adhesive fastening assembly as set forth in claims 1, 2, 3, and 4, wherein:

a) the contact adhesive is a narrow strip of medium tack contact adhesive extending longitudinally across the surface of the fastening piece and parallel to the top section.

6. The adhesive fastening assembly as set forth in claim 5, wherein:

a) the contact adhesive is an acrylic adhesive having a peel value of from 8 to 16 ounces.

7. The adhesive fastening assembly as set forth in claim 3, wherein:

a) the contact adhesive is is disposed on the underside of each of the adhesive fasteners.

8. The adhesive fastening assembly of claim 7, wherein:

a) the adhesive fastener each have a finger engageable section adjacent to the contact adhesive to permit the user to engage and readily separate the two adjacent attached and unattached fasteners from each other, for insertion of a paper and each subsequent engagement with the contact adhesive of the unattached adhesive fastener.

9. The adhesive fastening assembly as set forth in claim 3, wherein:

a) the contact adhesive is disposed in an adhesive section which extends longitudinally across the surface of the adhesive fasteners, and parallel to their top section.

10. The adhesive fastening assembly as set forth in claim 9, wherein:

a) the contact adhesive is a continuously extending layer.

11. The adhesive fastening assembly as set forth in claim 9, wherein:

a) a spaced plural contact adhesive configuration is disposed within the adhesive section.

12. The adhesive fastening assembly as set forth in claim 9, wherein:

a) the adhesive section is disposed on the underside of each adhesive fastener; and

b) the contact adhesive is a continuous coating of medium tack contact.

13. The adhesive fastening assembly as set forth in claim 12, wherein:

a) the contact adhesive coating is disposed on the underside of a length of tape adhered to the undersurface of each adhesive.

14. The adhesive fastening assembly as set forth in claim 13, wherein:

a) the length of tape disposed on the underside of the adhesive fastener and is less than five-sixteenths inch wide.

15. The adhesive fastening assembly as set forth in claim 3, wherein:

a) the release non-stick surface is disposed on a continuous length of tape which is adhered to the surface of the adhesive fasteners.

16. The adhesive fastening assembly as set forth in claim 3, wherein:

a) the release non-stick surface is a coating which has been directly applied to the surface of the adhesive fastener.

17. The adhesive fastening assembly as set forth in claim 2, wherein:

a) the finger engageable section is the lower longitudinally extending bottom free end section of the adhesive fasteners.

18. The adhesive fastening assembly as set forth in claim 17, wherein:

a) the finger engageable section has a longitudinally extending strip of adhesive tape which thickens the finger engageable section to provide for better finger gripping.

19. The adhesive fastening assembly as set forth in claim 13, wherein:

a) the supporting element is a label having a high tack permanent adhesive surface for engaging the mounting panel.

20. The adhesive fastening assembly as set forth in claim 14, wherein:

a) the adhesive fasteners are rectangular pieces of plastic material approximately between one and a half to two inches in length.

21. The adhesive fastening assembly as set forth in claim 20, wherein:

a) the adhesive fastener piece is polypropylene; and

b) the contact adhesive is an acrylic adhesive.

22. The adhesive fastening assembly as set forth in claim 12, wherein:

a) the adhesive fastener has a finger engageable section adjacent to the contact adhesive to permit the user to more readily separate the fasteners from each other, and to allow insertion of a paper, and is subsequent engagement of the paper with the contact adhesive.

23. The method of mounting file sheets in a file folder, comprising:

a) collecting a rectangular backing panel of which file papers are to be mounted; attaching a plurality of superposed and aligned identical adhesive fastener pieces to an upper edge of the panel, which have a thin layer of contact glue on one surface thereof for engaging a file paper, and having a non-stick release coating in alignment with the adhesive layer and on the opposite surface of the adhesive fastener, so that the adhesive on adjacent fastening pieces is in contact with and covered by the release non-stick coating on an adjacent adhesive fastener; and

b) lifting the lower free edge portion of a fastening sheet to expose the contact adhesive on the surface of one of the adjacent fasteners; and inserting the upper edge of a file sheet between the two separated adhesive fasteners to permit the contact adhesive on one of the adjacent adhesive fasteners to adhere to the paper file sheet.